

Find out which service best suits your needs

Confidential mental health support offered by the company through Ever Health and CADI provides mental health services to all employees, spouses and covered dependents.

CONTACT INFORMATION

EVER HEALTH	CADI
<p>https://everhealth-mx.medicalservices.io/login</p> <p><i>The first time you log in, you will need to register using the welcome email you received. Otherwise, you will need your username/password. Call us at 55 4440 5861 if you need help accessing the portal.</i></p> <p>Access without downloads from any available device.</p>	<p>55 8842 7862</p> <p><i>You must provide the following information when calling: Full name, date of birth, CADI membership number, state and zip code.</i></p> <p>Download the CADI application where you can check all your benefits.</p>

SERVICE	EVER HEALTH	CADI
Telephone mental health support	Not available	<p>Short-term support: use this service if you or an eligible family member is in a mental health crisis and needs immediate help. Available 24/7 (select option 2 and then 1 when calling).</p> <p>Long-term support: CADI can recommend that the member visit a psychologist in person and can provide a list of providers if needed*.</p> <p><i>*Each person must make their own appointment, and consultations are not covered by the medical plan (with some exceptions).</i></p>
Online mental health support	<p>Short-term support: Available 24/7 in case of crisis and for immediate support. To access, the member can log in to the Ever Health portal and request a chat or video call through the General Medicine option.</p> <p><i>Note: The visits generate a clinical record and a digital medical history that can be accessed by the member and used by physicians for future appointments.</i></p> <p>Long-term support: Covered members can arrange a mental health support video call with a psychologist and generate a medical record and a digital health record through the Ever Health platform at no cost. The member may receive an unlimited number of visits or as recommended by the psychologist. Monday through Friday, from 9 a.m. to 5 p.m.</p>	Not available
Telephone nutritional assistance	Not available	Members can get help with questions about specific foods, caloric content, special diets, etc. Types of nutritional supplements according to their needs.
Online nutritional assistance	Covered members will be able to receive online nutritional assistance with physicians who will generate a clinical record and digital medical history through Ever Health's platform, as well as prepare diets according to their needs. There is no cost and members receive an unlimited number of visits or as recommended by the nutritionist. Monday through Friday, from 9 a.m. to 5 p.m.	Not available

*Additional resources may be available. To find out what additional programs you are eligible for, please visit myjobbenefits.com.